

Labiaplasty is a surgical procedure that reduces and/or reshapes the labia minora (labia minora reduction) - the skin surrounding the vaginal opening. In most women, the labia minora are seen only when the legs are separated. However in some women, large labia minora are visible when the legs are not apart, or are barely separated, causing embarrassment, self-consciousness, and distancing in relationships. Enlarged labia may also be noticeable in tight fitting pants, and can cause discomfort during intercourse, with clothes, or with exercise. Enlarged labia are usually congenital but may be increased from hormonal changes or childbirth.

Labiaplasty is a procedure to correct this problem. I utilize a newly described technique of labia minora reduction (labiaplasty) which preserves the contour, color, and anatomy of the labia minora edge. The excess labium is excised in a "V" manner and the upper and lower edges are sutured together. Therefore, the only suture line visible on the edge is a small transverse line instead of a long longitudinal vertical suture line. This significantly decreases the discomfort and visibility of the procedure. Most of my patients have chosen to have the surgery with local anesthesia only and mild oral sedation (which is very well tolerated). The average cost including facility fee is around \$3800. The surgery is outpatient and takes around 1.5 hours. I recommend that patients take off 7 days from work and refrain from heavy exercise and sexual intercourse for 3-4 weeks. Pain is usually controlled by narcotics for the first several days and then ibuprofen (Motrin, Advil etc.) after that. Irritation can last for several months, but is usually transient. In general this is a very well tolerated procedure.

I also perform other female genital surgery including labia majora remodeling, vaginal rejuvenation or vaginoplasty, pubic liposuction and pubic lift.

The **vaginoplasty** procedure is designed to remove extra mucosa, plicate (tighten) the underlying muscle and close the defect in a way that tightens the vaginal vault. Typical tightness is to allow only two and one half finger breadths of space in the vaginal introitus (opening). The operation is outpatient and takes around 1-2 hours. It is typically well tolerated and healing is similar in time and length to a standard episiotomy performed at childbirth. This must be performed in a surgery center. The average cost including anesthesia and facility fee is around \$5000. It is less expensive if performed in combination with other procedures such as labiaplasty.

Labiaplasty and vaginoplasty can be performed as a combined procedure and the average cost is around \$7500 (this includes anesthesia and facility fee).



Before Labiaplasty



After Labiaplasty



Before Labiaplasty



after Labiaplasty



Before Labiaplasty



after Labiaplasty



Before Labiaplasty



after Labiaplasty



Before Labiaplasty



after Labiaplasty



Before Labiaplasty / Vaginoplasty



After Labiaplasty / Vaginoplasty



Before Labiaplasty/ Vaginoplasty



After Labiaplasty/ Vaginoplasty



Before Vaginoplasty



After Vaginoplasty